



**Families
Together**

SUFFOLK

Haverhill Chill, Chat & Play

Chill, Chat & Play is our perinatal mental health support group offering parents opportunities to support wellbeing, chat & build friendships, support baby's learning & development whilst having fun together in a supportive environment.

For parents to be and parents with babies from 0 to when baby is walking.



**Thursdays
1pm- 2pm
Haverhill Methodist Church
Camps Road
CB9 8HF
Free of charge**

**If you would like to attend or to find out more
please contact Karen on 07395 796279 or email:
Karenh@famielstogethersuffolk.org.uk**

01379 678552

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